

STUDY DACPR INSTRUCTION

Control script

- 1) What is your emergency?
 - 2) Is the victim responsive?
 - 3) Is the victim breathing normally?
 - 4) The victim needs CPR! I will teach you how to do it.
The ambulance is on its way.
 - 5) Activate the speaker phone function and set it next to the victim.
 - 6) Is the victim lying on the floor on their back?
 - 7) Kneel by the victim's side.
 - 8) Remove the shirt.
 - 9) Put the heel of your hand at the center of the victim's chest.
 - 10) Put the other heel of your hand on top of that hand.
 - 11) Lock your arms and push the chest more than 5cm.
 - 12) And then release the chest.
 - 13) Push the chest at this tempo (1, 2, 3, 4, 5...count at 100 times/min)
 - 14) Are you ready? Start and count out loud!
- (Let the subject perform CPR and count out along on and off until

the simulation ends)

Investigation script

- 1) What is your emergency?
- 2) Is the victim responsive?
- 3) Is the victim breathing normally?
- 4) The victim needs CPR! I will teach you how to do it.
The ambulance is on its way.
- 5) Activate the speaker phone function and set it next to the victim.
- 6) Is the victim lying on the floor on their back?
- 7) Kneel by the victim's side.
- 8) Remove the shirt.
- 9) Put the heel of your hand at the center of the victim's chest.
- 10) Put the other heel of your hand on top of that hand.
- 11) Lock your arms and push the chest more than 5cm.
- 12) And then release the chest.
- 13) Push the chest at this tempo (1, 2, 3, 4, 5...count at 100 times/min with metronome)
- 14) Are you ready? Start and count out loud!

15) (Count out loud with the metronome and coach the subjects with verbal encouragements as below until the simulation ends)

1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Harder! Harder! Much harder! 5, 6, 7, 8, 9, 10

Count out loud! 3, 4, 5, 6, 7, 8, 9, 10

You are doing well! Keep going! 5, 6, 7, 8, 9, 10

Harder! Harder! Much harder! 5, 6, 7, 8, 9, 10

It is looking good! 3, 4, 5, 6, 7, 8, 9, 10

Harder! Harder! Harder! Harder! 5, 6, 7, 8, 9, 10

Help is almost there! 4, 5, 6, 7, 8, 9, 10